Functional Assessment (partial)

Client Name: Hassan Abdi Date of completion of Functional Assessment: September 14, 201X

Domain Name: Vocational/educational (initial assessment)

Status: Hassan is currently unemployed. He reports occasional day labor at a neighborhood grocery doing clean up, stocking, whatever he is asked to help with. Completed fourth grade in Somalia; finished middle school in USA; did not complete high school. He expresses interest in obtaining employment; specifically in area of auto mechanics.

Functional Description and Cultural Considerations: Hassan reports attending school in Somalia into fourth grade. He left Somalia with this family. He obtained some English language training while in refugee camp in Kenya. He attended middle school for two years and one year of high school in Minneapolis before dropping out of school. He reports being at grade level in math. His English expressive language skills are adequate. An interpreter is not needed; nor requested by Hassan. His reading and writing skills need further assessment. He appears well groomed. He reports very limited employment experience. He assists occasionally at a local Halal meats store. The work is assisting the manager with whatever tasks need doing – unskilled – cleaning, sweeping. He reports being highly motivated to find employment – preferably in auto mechanics. He reports interest in computers. He reports having good math skills; has done well in math classes. He reports feelings that he does not "fit in" with school setting where classmates are primarily white citizens of USA. Employment, income, and helping his family are high priorities. (further assessment needed)

Functional Limitations Link to MI symptoms:

Hassan denies experiencing a mental illness. He notes "racing thoughts" that interfere with his concentration. Hassan and referral documents report Hassan experiences fatigue, headaches, sleep problems, feeling worthless. These experiences/symptoms might impact his vocational/education ambitions. Further assessment to be done.

Domain Name: Medical and dental health (initial assessment) (see beginnings of Health and Lifestyle Assessment interview dated September 12, 201X in client file)

Status: Hassan is a 24 year old, single male. Hospital discharge summary diagnosis is possible post-traumatic stress disorder and possible depression. (see discharge summary in file). Hassan has health coverage through Medical Assistance under a fee-for-services model. He does not know when his eligibility is up for renewal.

Functional Description and Cultural Considerations:

He reports that he does not believe that he has a mental illness. He notes that the incident where the county crisis response team responded to concerns of others that he might harm himself was unnecessary. He reports that he had no intention of harming himself; and that others overreacted. The resulting hospitalization was also unnecessary in his opinion. He reports that he experiences fatigue and back pain. He notes occasional "racing thoughts". He reports that he feels awkward that some family members are told that he has a mental illness; his family does not know much about mental illness. Hassan reports that he does not know that he has a primary care doctor. Hassan reports occasional use of alcohol. GAIN-SS screening does not suggest abuse/dependency on alcohol or drugs. He smokes about a half a pack of cigarettes per day. (see LOCUS assessment dated 9/16/20XX in file). Hassan had physical exam and testing while in hospital. (see discharge summary in client file). Hassan does not wear glasses. He does not report vision problem. However, he does report frequent headaches. He does not known the last time that he had his vision checked. Hassan reports not having a dentist; nor having seen a dentist in over three years. Hassan reports having a chronic tooth ache. Hassan reports little physical exercise beyond daily activity of walking. His diet appears to be meals prepared by his mother, and frequent snack foods. He does not have a weight concern. Hassan reports daily bathing and grooming. Hassan reports no abusive relationships, but did not want to discuss. His current medications include: Citalopram 40 mg daily; Trazodone 100mg at bedtime. He reports side effects of difficulty concentrating, fatigue, "racing thoughts", and sleep problems. Hassan dislikes takes psychotropic medications, but believes he is being pressured to by family and mental health providers. Hassan reports that he does not like his psychiatrist, and wants to discontinue seeing him. He reports difficulty in sleep – falling asleep and difficulty in falling back asleep when awake during the night.

(further assessment needed)

Functional Limitations Link to MI symptoms: Hassan denies experiencing a mental illness. Further assessment to be done.

Domain Name: Financial assistance needs

Status: Hassan has no stable source of income.

Functional Description and Cultural Considerations: Hassan is unemployed. He relies on housing available through his mother. He relies on family and friends for pocket money. He works very occasionally assisting at a store. He may be eligible for SSI.

Functional Limitations Link to MI symptoms:

Hassan denies experiencing a mental illness. Further assessment to be done.

Case manager signature: *Rob Jones* Date: September 14, 201X

Clinical supervisor signature: *Susan Franklin* Date: September 16, 201X